



INTERNATIONAL SCHOOL

**LEVANTE**

ESPAÑA

# MENU

**Dining service**

**GENERAL**

MARCH 2025



03 MONDAY		04 TUESDAY		05 WEDNESDAY		06 THURSDAY		07 FRIDAY	
LENTILS WITH RICE		CREAM OF VEGETABLE		MACARONI WITH SOYA BOLOGNESE		PEAS WITH HAM		MIXED SALAD	
POTATO OMELETTE WITH SALAD		SAUTÉED BEEF WITH SOYA AND STIR FRIED VEGETABLES		COD DELIGHTS WITH RATATOUILLE		LEMON CHICKEN WITH DICED POTATOES		FIDEUA	
FRUIT OR DAIRY		FRUIT OR DAIRY		FRUIT OR DAIRY		FRUIT OR DAIRY		SPECIAL DESSERT	
Pasta soup and grilled chicken		Green beans with battered cod		Quinoa salad with chicken and raisins		Eggs stuffed with tuna and tomato		Tomato and cheese pizza	
10 MONDAY		11 TUESDAY		12 WEDNESDAY		13 THURSDAY		14 FRIDAY	
VALENCIAN STEW		CHICKPEA STEW WITH CHORIZO		CHICKEN NOODLE SOUP		CANELONIS		VALENCIAN SALAD	
BEEFBURGER WITH RATATOUILLE		POUT IN GREEN SAUCE WITH PEAS		PORK STRIP IN FINE HERBS WITH VEGETABLE MEDLEY		SCRAMBLED EGGS WITH HAM WITH SALAD		PAELLA	
FRUIT OR DAIRY		FRUIT OR DAIRY		FRUIT OR DAIRY		FRUIT OR DAIRY		SPECIAL DESSERT	
Tomato with cheese and grilled hake		Chicken noodle soup and lemon chicken breast		Cream of leek and French omelette		Fillet of beef with salad			
17 MONDAY		18 TUESDAY		19 WEDNESDAY		20 THURSDAY		21 FRIDAY	
HOLIDAY		HOLIDAY		HOLIDAY		LENTILS WITH CHORIZO		TOMATO, CARROT, ONION AND BLACK OLIVE SALAD	
						POTATO OMELETTE WITH LETTUCE AND CARROT SALAD		VEGETABLE PAELLA	
						FRUIT OR DAIRY		SPECIAL DESSERT	
						Turkey steak with baked tomatoes		Valencian stew and grilled squid	
24 MONDAY		25 TUESDAY		26 WEDNESDAY		27 THURSDAY		28 FRIDAY	
CREAM OF LEGUMES		RICE WITH TOMATO		PASTA SPIRALS IN NAPOLITAN SAUCE		STEWED LENTILS WITH VEGETABLES		LETTUCE, EGG, PEPPER AND OLIVES	
SCRAMBLED EGGS WITH BACON AND SALAD		SAUSAGES WITH RATATOUILLE		ANDALUSIAN DOGFISH WITH QUINOA SALAD		BEEF MEATBALLS WITH CHIPS		FIDEUA	
FRUIT OR DAIRY		FRUIT OR DAIRY		FRUIT OR DAIRY		FRUIT OR DAIRY		SPECIAL DESSERT	
Blue fish with asparagus		Grilled chicken breast with peas		French omelette with salad		Baked hake with aubergines		Squid strips in mayonnaise	
31 MONDAY									
CREAM OF COURGETTE									
TUNA OMELETTE WITH LETTUCE AND CARROT SALAD									
FRUIT OR DAIRY									
Aubergines stuffed with soya bolognese									

FIRST COURSE
  SECOND COURSE
  DESSERT
  DINNER SUGGESTION

# March